



FINE MEATS & DELI

**MONDAY -
FRIDAY
7AM - 6PM**

SPECIAL MEAT CUT UNTIL 5PM
DINNER SERVED 3PM - 5:30PM

SATURDAY 8AM - 4 PM
SUNDAY - CLOSED

**FROM FRIDAY NIGHT
TIGERS TO SUNDAY
STEELERS!**

HEADING TO THE GAME OR HOSTING A
WATCH PARTY?

FEED THE WHOLE CREW WITH OUR
FRESH-SLICED BOAR'S HEAD DELI
TRAYS, LOCAL FAVORITE PEPPERONI
ROLLS, AND A MASSIVE WALL OF ICE-
COLD SODAS

**AFTER-SCHOOL FUEL
STATION**

SKIP THE VENDING MACHINE: WALKING
HOME OR WAITING FOR PRACTICE? STOP IN
FOR ICE-COLD DRINKS, QUICK SNACKS, AND
GRAB-AND-GO TREATS.

**WICKEDLY FRESH SIDES
DAILY**

SCRATCH-MADE EVERY MORNING:
NO TRICKS, JUST TREATS—CRISPY, VIBRANT
SALADS AND HOMESTYLE SIDES.

**DON'T GET SPOOKED BY
THANKSGIVING!**

THANKSGIVING IS RIGHT AROUND THE
CORNER, ORDER YOUR FRESH TURKEY AND
TURKEY BREAST EARLY



LAMPERT'S MARKET

OCTOBER 2026

412-664-7371



NO TRICKS, JUST REAL TREATS FRESHLY MADE BREAKFAST, LUNCH & DINNERS ALL OCTOBER LONG.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 BREADED PORK CHOPS SCALLOP POTATOES, APPLE SAUCE	2 YUENGLING BATTERED HADDOCK, FRESH CUT FRIES, COLE SAW	3
4	5 OLD FASHIONED POT ROAST ROASTED POTATOES AND CARROTS	6 STUFFED CHICKEN BREAST, MASHED POTATOES, GREEN BEANS	7 BBQ RIBS, MAC N CHEESE, BAKED BEANS	8 SMOTHERED PORK CHOPS, MASHED POTATOES, BABY CARROTS	9 YUENGLING BATTERED HADDOCK, FRESH CUT FRIES, COLE SAW	10
11	12 TURKEY BREAST STUFFING MASHED POTATOES GRAVY	13 STUFFED STEAK, MAC N CHEESE, GREEN BEANS	14 MEATLOAF PITTSBURGH POTATOES, CORN	15 BEEF STROGANOFF OVER NOODLES CUP OF SOUP	16 YUENGLING BATTERED HADDOCK, FRESH CUT FRIES, COLE SAW	17
18	19 PEPPER STEAK OVER RICE, SALAD	20 FAJITA CHICKEN OR BEEF VEGETABLE RICE	21 STUFFED CABBAGE, MASHED POTATOES, SALADS	22 SHORT RIBS GARLIC MASHED POTATOES, GLAZED CARROTS	23 YUENGLING BATTERED HADDOCK, FRESH CUT FRIES, COLE SAW	24
25	26 CHICKEN TIKKA MASALA, NAAN, RICE	27 SMOKED PORK CHOPS, MASHED POTATOES, BABY CARROTS	28 CITY CHICKEN, MASHED POTATOES, CORN	29 JACK O LANTERN STUFFED PEPPERS, MASHED POTATOES, TOSSED SALAD	30 YUENGLING BATTERED HADDOCK, FRESH CUT FRIES, COLE SAW	31